



Anderson School District Two's priority is assuring a safe environment for students and staff. District Officials are in daily contact with state health officials monitoring the status of the Swine Flu. At this time, Anderson School District Two has provided principals and school nurses information on what to do if students exhibit flu-like symptoms. Custodial Staffs in every school are intensifying their efforts to sanitize surfaces to help prevent the spreading of germs.

Symptoms of the swine flu are similar to the symptoms of the regular human flu: Fever, cough, sore throat, body aches, headache, chills and fatigue. Some people may experience diarrhea and vomiting.

To prevent the spread of influenza, the Center for Disease Control (CDC) recommends the following:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Try to avoid close contact with sick people. Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.
- If you get sick, the CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

SC DHEC posts current and reliable information about swine flu on its website at:

<http://www.scdhec.gov/flu/swine-flu.htm>.

Please check their website for period updates to their Alerts, Advisories and Updates.